

Sisterlocks Client Do's & Don'ts

After Consultation

- Wash and condition hair as you normally would
- Do not worry if one, some or all of your locks unravel

24-48 Hours Before Your Locking Session

- Wash your hair using either a clarifying shampoo or Sisterlocks Starter Shampoo, depending on the recommendation of your consultant
- Do not apply any conditioners or oils to hair or scalp
- Allow hair to air dry
- Allow hair to remain in its natural state, not tension, no ponytails, no **blowdrying**
- Prepare yourself to sit comfortably for your locking session, remember to bring:
 - Snacks and drinks
 - Electronic Devices
 - Chargers
 - Magazines
 - Pillow
 - Dress in layers

Always Remember

- Call, email or text your consultant if your are ever in doubt
- Always wear a silky head covering while sleeping or use satin pillowcases
- Mist you hair LIGHTLY (scalp only) with plain water to refresh your natural curl
- Treat all sources of excessive moisture just as you would if you were washing your hair (**braid & band**)
 - Workouts
 - Night Sweats
 - Saunas
 - Steam Rooms
 - Swimming
 - Any other activity that causes excessive perspiration
- Always place a silky barrier between your hair and any head covering you may choose to wear
- Steer clear of clothing items that have a tendency to leave lint on clothing and hair (wool scarves, hats, etc.)
- No products other than Sisterlock™ Stater Shampoo without the consent of your consultant
- No hair oils without the consent of your consultant
- No hair dyes, permanent or semi-permanent without the consent of your consultant

I have read the items above. I understand that straying from this list may result in less than desirable results. This can potentially result in additional costs for retightening and repair sessions. I will keep this list for my own reference and my consultant will keep one for her own records.

Client Signature

Date